

SNAP-EBT AT THE MARKET



- Electronic Benefit Transfer (EBT) is a system that allows customers to use SNAP benefits from a government issued debit card at farmers markets.
- Markets must be licensed by the Food and Nutrition Service to accept EBT SNAP benefits.
- SNAP customers redeem their benefits by swiping their EBT card on the point-of-sale terminal at the market in exchange for tokens or a paper receipt, which they can use to buy eligible food products from participating vendors.

Nutrition Assistance Programs

The Food and Nutrition Services offers multiple nutrition assistance programs to help increase food security by providing individuals and families of low-income backgrounds with accessibility to food.

Senior Farmers' Market Nutrition Program (SFMNP)

Low-income seniors, generally defined as individuals who are at least 60 years old and who have household incomes of not more than 185% of the Federal poverty income guidelines are the targeted recipients of SFMNP benefits. Coupons or checks are issued to eligible SFMNP participants to buy eligible foods from farmers, farmers' markets, roadside stands or community supported agriculture that have been authorized by the state agency to accept SFMNP coupons.

- Coupon booklets range from \$20-30
- Coupons can be used to purchase fresh fruits, vegetables, fresh herbs and honey

Women, Infant, and Children (WIC) Farmers' Market Nutrition Program (FMNP)

Women, infants over 4 months old, and children who are certified to receive WIC program benefits are eligible to participate in the FMNP. Eligible WIC participants are issued FMNP checks or coupons in addition to their regular WIC benefits. These coupons are used to buy eligible foods from farmers' markets and/or roadside stands that have been authorized by the State agency to accept FMNP coupons.

- Coupon booklets range from \$20-30
- Coupons can be used to purchase fresh fruits and vegetables ONLY

For further information about the Food and Nutrition Service nutrition programs visit the www.fns.usda.gov/programs

Double Up Food Bucks



- Double Up Food Bucks helps bring home more healthy food by matching your SNAP, or dollars spent on fresh fruits and veggies.
- If you receive SNAP benefits, you're automatically eligible for Double Up Food Bucks
- Buy \$1 in SNAP eligible produce using your SNAP/EBT card and receive \$1 in free fruits and vegetables

How does it work?

Step 1: Buy fruits and/or veggies

Step 2: Pay with SNAP card

Step 3: Earn a \$1 DUFB back for every \$1 spent. Can be used in increments of \$10, up to \$20 per day

Acronyms you may see while shopping:

DUFB = Double Up Food Bucks

EBT = Electronic Benefit Transfer

FNS = Food and Nutrition Service

POS = Point-of-sale