

*You're taking  
hunger off the  
table this spring!*



## THANK YOU FOR DELIVERING HOPE TO SENIOR COMMUNITIES

At 90 years young, Vickie's family life is a rich tapestry that spans five generations, including three children, eight grandchildren, and scores of great- and great-great-grandchildren.

The retirement community Vickie calls home is a regular stop for the Food Bank

of Northern Nevada's Produce on Wheels program. This unique outreach takes healthy foods into senior communities where needs are high because their limited incomes often don't stretch far enough to cover the cost of housing, fill prescriptions, pay bills, and buy groceries.

## THANK YOU FOR DELIVERING HOPE TO SENIOR COMMUNITIES

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The Produce on Wheels truck offers a farmers market-type atmosphere, and Vickie and her neighbors are always excited to see what fresh fruits and vegetables are available.

**“Thank you. We don’t have a lot of money. But we’re happy...”**

Knowing that healthy food will be delivered alleviates some worry away for older adults who may otherwise experience hunger and gives them access to the fresh fruits and vegetables they need, but which can be expensive.

Vickie and her daughter, who lives with her, look forward to the days when the Produce

on Wheels truck pulls into their community. Besides the fun atmosphere, the mobile distribution is a huge help to residents who no longer drive.

“In the last year or so, I’ve developed COPD, and it confines me,” Vickie says. “So this is really wonderful.”

With less worry and improved nutrition, Vickie can better enjoy her love of painting. On her easel now is a portrait of a border collie, a gift for her daughter in California.

Thank you for partnering with the Food Bank of Northern Nevada to bring help, hope, and healthy foods into senior communities where older adults might otherwise face hunger.



Senior communities like Vickie’s greatly enjoy the Produce on Wheels program that offers a real farmers market-type experience.

## AUSTIN APPRECIATES THE FRESH PRODUCE

Austin is committed to maintaining his good health and works in a long walk every chance he gets.

At age 78, he knows eating right is important, too. That’s why he’s a regular when the Produce on Wheels truck visits the senior community where he lives.

**“It helps a lot,” Austin says.**

Just like a farmers market, Austin gets to choose his own bright crisp apples; fragrant oranges; fresh carrots; lettuce; broccoli; and more. But he confesses, he always has an eye out for his very favorite – fresh avocados.

“It helps a lot,” Austin says, about receiving fresh produce that he would otherwise have to purchase...or go without. Many seniors served by the Food Bank of Northern Nevada are surviving on Social Security, which can only stretch so far.

Austin enjoys visiting with his neighbors and the Produce on Wheels volunteers on



Like many older adults who no longer drive, Austin is thankful for food distributions at his senior living complex.

distribution days. “They’re always nice to you,” he says with a smile. “Treat you good.”

On behalf of our neighbors like Austin, thank you for enriching the lives and diets of older adults. Your kindness is taking hunger off the table throughout our communities.



## THANK YOU FOR SUPPORTING THE FOOD BANK OF NORTHERN NEVADA!

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Sara and her daughter, Neala, visit the Sparks Christian Fellowship Mobile Harvest.



## “IT’S HELPING SO MANY PEOPLE...”

For a young, outgoing family like Sara’s, the Sparks Christian Fellowship Mobile Harvest is a wonderful resource where nutritious food – including fresh produce – is always available.

### “I love that they include fruits and vegetables.”

“I like the environment,” Sara says with a smile. “Everyone is really friendly and welcoming. [The food is] absolutely awesome.”

Having access to the food means that Sara’s children, Liam, 10, and Neala, 6, have a nutritious diet. It also means that the family’s budget can stretch a little further.

The variety of food available inspires Sara and her partner who both enjoy cooking.

“We’re in the kitchen together a lot of the time,” she says.

But it’s the fresh produce that Sara is most thankful for – items that can be pricey at the local market.

“I love that they include fruits and vegetables,” she says. “My kids love bread, but I like to be able to nourish them with healthier foods.”

Sara wants friends of the Food Bank of Northern Nevada to know how much their support is impacting their neighbors, including families like hers.

“It’s helping so many people...and in a way that creates a lot of stability in the home for parents to take care of [their] children. It helps a lot.”