



YOUR **HOLIDAY NEWSLETTER** ENCLOSED!

Food Bank of Northern Nevada
550 Italy Drive
Sparks, NV 89437

R138S R155S

Mr. & Mrs. John Q. Sample
Brad Cecil & Associates
2115 Arlington Downs Rd.
Arlington, TX 76011

Holiday 2023

Dear [Salutation],

Your unwavering support is absolutely invaluable, and I want you to know how much I and so many community members appreciate your continued investment in ending hunger.

Your unparalleled partnership binds our community together, carrying us through any adversity that has come our way or may in the future.

The Food Bank of Northern Nevada has continued to adapt its operations over the past year after experiencing an unprecedented surge in requests for food assistance — and we anticipate that this need will increase more over the holiday season.

Thanks to your support, more of our community members can participate in the joys of the holiday season with full hearts and plates. No one should feel alone in a time of need.

In this holiday edition of Food Source, I hope you will feel the impact you make from the stories of neighbors, like Stefanie's family who now has healthy options despite difficult times (page 2) and Randy who uses your support to spread a ripple of generosity across his community (page 3).

I hope that this newsletter inspires you to continue spreading hope with us in solidarity of creating real, lasting change this holiday season and throughout the new year.

Gratefully,



Nicole Lamboley
President & CEO



FOOD BANK
OF NORTHERN NEVADA

*You're filling plates
and hearts this
holiday season!*



LOVING PARENTS SHARE THANKS

Stefanie and her husband have always been generous. “When we were in a position where we had extra, we were able to donate,” says Stefanie. “It makes your heart happy when you’re able to give.”

Dedicated parents, the couple is working hard to raise healthy children. Brielle, 4,

and Burkelee, 10, are the lights of their mom’s and dad’s lives. And you’re helping to make sure that even as the cost of groceries and everything else remains painfully high, the girls will always have nutritious meals and snacks to fuel their growing minds and bodies.

(story continues on page 2)

YOU HELP MAKE HEALTHY FOOD ACCESSIBLE

(story continued from page 1)

We met Stefanie, Brielle and Burkelee on a recent visit to Mobile Harvest at Sparks Christian Fellowship Church.

“...it's just a really amazing thing.”

The day we met was only Stefanie’s second time to visit a food distribution.

The high cost of living weighs heavily on the family. To avoid the extra expense of childcare, Stefanie stays home to care for both children while her husband works full-time.

“The wages aren’t keeping up with the cost of everything, and it’s just become so challenging,” Stefanie says.

Stefanie’s family is an example of neighbors who fall through the cracks when it comes

to social safety net programs. Her husband’s income is too high to qualify for SNAP but not always enough to meet all the family’s needs. Mobile Harvest is a newfound lifeline for Stefanie’s family, providing access to good, healthy food.

Stefanie says she and her family have often scaled back the meals they would eat, making small portion sizes and leftovers stretch. She’s so thankful that your support means she has help keeping her kids’ plates full this holiday season.

“For someone who hasn’t been in a position before where we’ve needed the help and now we’re able to get it, it’s just a really amazing thing,” says Stefanie.

Thank you for restoring hope and helping fill the critical need in our community for families like Stefanie’s during difficult times.



Stefanie and her daughters display some of the nutritious food they will take home following a visit to Mobile Harvest at Sparks Christian Fellowship Church.

11 YEARS OF PASSION FOR SERVICE

“This is my passion.” - Marcia Gower

Marcia believes in paying it forward and has demonstrated her exemplary commitment to spreading kindness through her volunteer work at the Food Bank of Northern Nevada for 11 years!

Marcia believes “we’re all here to help each other” and that by volunteering at the Food Bank “people are benefiting from what you do.”

Through her church group, Marcia began volunteering at the Food Bank’s warehouse. It’s been over a decade and, motivated by her passion, she continues to offer her time to serve.

“People are benefiting from what you do.”

After discovering an overwhelming need for food assistance, Marcia now routinely drives to Mobile Harvest distributions in Reno, Sparks, and surrounding areas to help provide the nutritious food our neighbors need to thrive.

Marcia recalls the worry she felt during the pandemic while waiting for the government



Marcia smiles seeing the impact she makes volunteering at Reno LDS Church Mobile Harvest.

surplus check to arrive when she was out of work; wondering what she might do if she didn’t receive the money she needed to get by. She is proud that her volunteer efforts are helping ease the worries of neighbors who face that hardship.

“It’s very humbling,” Marcia says. “It makes you appreciate what you have.”

Before the pandemic, Marcia would raise money internally for the Food Bank through her job. She volunteered three years in a row, raising nearly \$6,000 dollars for the Food Bank through her sponsorship.

Thank you, Marcia, and all the amazing volunteers who help meet the needs of our neighbors experiencing food insecurity.



THANK YOU!

Bank of America Foundation
Marybeth M. Lamb Foundation
Whitt Family Foundation
Walmart Foundation
Marguerite Petersen Foundation
Cracker Barrel Food For Families
Conagra Brands Foundation
Dorothy Lemelson Foundation
PG&E Corporation Foundation



Randy receives hope in the form of good, healthy food from Mobile Harvest.

SHARING HOPE WHERE THE NEED IS GREATEST

Randy, 75, and his late wife moved to Reno 30 years ago for better economic opportunity. Randy worked in security until his retirement. He became a fulltime caregiver for his beloved wife as her health declined over several years.

Adjusting to life without her has been difficult for the past two years since her death. Even though she'd been sick for a long time, "it's always unexpected," Randy says honestly.

"What I like is that I can pick and choose."

Now on his own, he spends a lot of time at the senior center and has taken up beanbag baseball, which he compares to cornhole. It's a good way to stay social and maintain his friendships.

He says one of his biggest challenges these days is making ends meet with only social security income to depend on. The high cost of living has become a considerable burden for

a lot of neighbors like Randy. Fortunately, he has the support of generous friends like you as he adjusts to this new phase of his life.

"I'm making it from payday to almost payday," Randy says.

Randy and so many neighbors were relieved when the Food Bank's Mobile Harvest truck came to the neighborhood. He loves having a variety of healthy options to choose from at each visit to the program.

"What I like is that I can pick and choose," Randy says. When receiving food from Mobile Harvest, Randy is proud to extend your generosity even further by sharing with his friends and neighbors, knowing more community members will benefit from this act of kindness.

In the spirit of the holiday season, thank you for helping fill plates across our community now and in the days to come.

My Holiday Gift of Help, Hope and Food!



550 Italy Drive
Sparks, NV 89437-5400
www.fbnn.org
775-331-3663

To charge your gift by credit card,
please see the reverse.

☐ Please send me information about
the Hunger Fighting Champions
monthly giving program.

May we email you periodically about
the Food Bank of Northern Nevada?

Your gifts change lives!

[Ask 1] [Ask 2] [Ask 3] [Ask 4]

31475*****AUTO**3-DIGIT 760 P3
Mr. and Mrs. John Q. Sample
Brad Cecil & Associates
2115 Arlington Downs Rd.
Arlington, TX 76011



ID Code

Dear [Salutation],

Holiday 2023

As you prepare to share an abundant meal with loved ones, I hope you'll remember the countless neighbors who might not have enough food at all - let alone a special holiday meal.

With a generous holiday gift today, you can help ensure our neighbors have access to the nutritious food needed to thrive all year long.

Thank you for your dedicated partnership and generosity that continues to make a tremendous difference in our community.

Gratefully,

A handwritten signature in cursive script that reads "Nicole".

Nicole Lamboley
President & CEO

Thank You for Sharing Hope This Holiday Season!

Please enjoy this special holiday issue of *Food Source*! You'll see how your partnership is sharing wholesome, nutritious food throughout northern Nevada and the eastern California Sierra!

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Gratefully,

Nicole Lamboley
President & CEO

To charge your gift by phone, please call (775) 331-3663 or give online at fbnn.org

☐ **Credit Card—Please charge my gift to my credit card.**

- ☐ One-time gift ☐ Monthly gift

I authorize the Food Bank to debit my credit card in the amount of \$_____ on the ☐ 15th ☐ 29th of each month.

- ☐ VISA ☐ MasterCard ☐ American Express ☐ Discover

ACCOUNT NUMBER

SECURITY CODE

EXP. DATE

AUTHORIZED SIGNATURE

PHONE NUMBER

☐ **Electronic Funds Transfer**

- ☐ Monthly gift

I authorize the Food Bank to deduct \$_____ from my checking account on the ☐ 15th ☐ 25th of each month. I have enclosed a check marked VOID for bank coding purposes.

AUTHORIZED SIGNATURE

DATE

PHONE NUMBER

OTHER WAYS TO HELP:

- Volunteer your time
- Donate food
- Include the Food Bank in your will

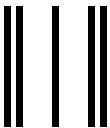
Call (775) 331-3663 for more information.



Costs are average and include the expense of securing and distributing food. If gifts exceed expenses, extra funds will be used to provide food to the hungry throughout the year. We never sell or rent our supporters' names or information.

The Food Bank of Northern Nevada was incorporated in Nevada in 1983 for the purpose of feeding the hungry today and solving hunger for tomorrow through community partnership. Your donation to the Food Bank, an IRS-approved 501(c)(3) tax exempt charity, may be tax-deductible. Please consult your advisor.

SHARING **FOOD** AND **HOPE**
FOR THE **HOLIDAYS!**



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