



HEALTHY FOOD FOR EVERY HOUSEHOLD!



These are challenging times for many people across northern Nevada and eastern California Sierra.

The cost of living is leaving less income for neighbors like Danielle and Cory to afford groceries, especially now as food prices remain high.

Danielle and Cory have a happy home with two dogs and two cats. But after paying the

HEALTHY FOOD FOR DANIELLE AND CORY

(Continued from page 1 . . .)

rent there's just not much left for food or other necessities.

The pair have called Reno home since 2011. Both enjoy their work — Danielle works in security and Cory is a CDL driver. But even their dual income leaves them making impossible choices between paying bills and affording groceries.

“We love the variety here at this pantry, and we get to choose exactly what we want.”

“Our rent is up to \$2,200,” Cory says, but moving isn’t an option just now. “We are in the middle of a long lease and would lose our security deposit. We have two dogs

and two cats which makes it hard to find another place...”

Knowing they can access healthy food at Renown Health Food Pantry is a huge relief. “We love the variety here at this pantry, and we get to choose exactly what we want,” Cory says.

To friends who give to support the Food Bank, Cory and Danielle say, “We are very appreciative because it helps so much. Even \$100 savings on food can go a long, long way. So, thank you.”

The couple hopes to one day soon start a small home business that Danielle can run.

“This would allow us to give back to our community and allow one of us to stay home to run the business. We are trying to think of creative ways to stay ahead of everything.”



RETIREE ENJOYS SHARING FOOD AND HOPE AS VOLUNTEER

Through your support of the Food Bank of Northern Nevada and the thousands of hours donated by an army of devoted volunteers, our neighbors who are facing hunger this summer have access to healthy food.

Kimberly is a volunteer who is committed to helping seniors and neighbors of all ages who are facing hunger through our partners at the Sparks Christian Fellowship food pantry.

When she and her husband rejoined the Sparks church, a friend shared how much the food pantry had grown and invited her to help out.

“Before I retired, I always told myself that I would get involved with the Food Bank or a pantry,” Kimberly says. “I put my 30 years in as a state and county employee, so here I am.

“I was definitely looking for something to do,” she says, and once the pandemic hit, the food pantry’s services were even more important to the community.

Kimberly helps out at the Sparks Christian Fellowship food pantry, giving neighbors access to healthy foods.



“It was a good time to get on board because the food pantry doubled in size so there was a lot to do. We were considered essential. So, while we told seniors to stay home, the rest of us came in, wore masks, and kept our clients outside while we did the shopping for them.”

Our heartfelt thanks to Kimberly and all her fellow volunteers at Sparks Christian Fellowship for being there to help make sure seniors and neighbors of all ages have ongoing access to healthy food!

THANK YOU!

The following organizations have donated generous grants to help fight hunger in our communities:

Robert Z. Hawkins Foundation*
The DEW Foundation
SilverSummit Health Plan Community Investment
Nevada State Bank
The Jack Van Sickle Foundation
CVS Health
Nell J. Redfield Foundation*
Bank of America Charitable Foundation
Albertsons Companies Foundation*

FBNN received three grants which were additional grant payments from these funders during this FY (those marked *).

THE RESULTS ARE IN

The Food Bank of Northern Nevada conducted a year-long *Feeding Our Community Survey* that shows what so many of our neighbors are facing each day. We invite you to see the Survey results at fbnn.org/focsresults but here are some important learnings:

- Of the 130,000 people served by the Food Bank each month, nearly half are children and seniors.
- More than 65% have a household income of less than \$20,000 per year.
- Nearly 62% said they have had to skip meals or cut portions in the past year.

Thank you for partnering with the Food Bank. Together we are sharing food and hope in communities where needs are greatest!



MOBILE FOOD DISTRIBUTION BRIDGES THE GAP FOR FAMILIES

Patricia's family loves to be outdoors. "For fun we go to the park and play games when it is too hot to go out," she says.

"We absolutely love the pantry and the fresh food we can get here."

It was a sunny day when she and her two sons, Isaac, 10, and Abraham 4, visited a Mobile Harvest site in Reno.

"We heard about it because the kids go to school here, and we live right here in the neighborhood," Patricia says. "We absolutely love the pantry and the fresh food we can get here."

Patricia's husband works at a local casino, while Patricia stays home to care for the boys.

"My husband has a good job, but it does not cover everything," Patricia says. "So, if this [Mobile Harvest] did not exist, I do not know what we would do. Probably would have to get another job, which would take me away from caring for my children."

Like so many families we met at the Mobile Harvest, Patricia is thankful for supporters who care about neighbors facing hunger — especially during summer months when children no longer have access to free and reduced-price meals at school.

Patricia says, "We are grateful for nutritious food, and it is a blessing for our community."