

Healthy Food.
Every Person.
Every Day.



FOOD BANK
OF NORTHERN NEVADA

HUNGER BY THE NUMBERS

As northern Nevada's only food bank, the Food Bank of Northern Nevada has served the community for 40 years. Working closely with a network of more than 150 partner organizations across our vast 90,000 square mile service area, we serve 13 Nevada counties, as well as 10 counties on the eastern slope of the Sierra in California.




WHO ARE THE NEIGHBORS WE HELP?




More than
130,000
people are served
each month.

NEARLY
half
of those
served are
*children
& seniors*




17%
have served
in the
U.S. Military



More than **65%** have a
household income of
less than \$20,000 per year.

85% have an annual household income below \$30,000/year.

72% rent or own their own place.
26% of those pay a mortgage.



"I am on a fixed income. My rent was raised, and I have no money for food. I am barely surviving after I pay my bills."

REALITIES OF FOOD INSECURITY

1 in 5 reported finding themselves *without food & without the money to buy food* almost every month.

Nearly **62%** said they have had to *skip meals or cut portions* in the past year. **16%** do so every month.

"I had a stroke three years ago and am unable to work. Social Security Disability doesn't pay enough to buy myself healthy food."



Almost **half** reported *buying unhealthy options* due to lower cost.

29% started using a food pantry program as a *direct result of the COVID-19 pandemic*.

16% have to *travel more than 30 minutes* to get food from a store or pantry.

IMPOSSIBLE CHOICES



41%

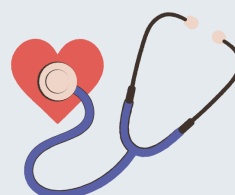
choose between
food and
housing costs



More than
half
choose between
food and
transportation



27%
choose between
food and
prescriptions



1 in 3
choose between
food and
medical bills



41%
choose between
food and
utilities

"My husband passed away and everything fell apart financially. He was the sole provider, and I was a stay-at-home mom taking care of my son with special needs."



Research results and quotes are from the Feeding Our Community Survey with the Food Bank of Northern Nevada and University of Nevada, Reno. The study surveyed those receiving assistance from the Food Bank of Northern Nevada and/or its partners from March 2021-March 2022.