“It was really hard to realize that we needed to come here today, but the reality is that we can’t survive without reaching out for the help right now.”

Read Patrick’s story on page 2.
Continued from page 1

I Never Thought My Family Would Need This Help

My name is Patrick, and my wife, Trinity, and I are visiting the Food Bank for the first time today. I was laid-off from my job a couple weeks ago. Trinity works part-time and is trying to pick up extra hours, but her income and my unemployment just aren’t stretching enough to cover all of our expenses. Paying our rent alone took the majority of the money we’re bringing in right now.

“Looking in the cupboards and refrigerator and realizing there was no way we were going to be able to make our groceries last much longer was really disheartening. I’m not sure exactly what I was expecting from the Food Bank, but it was a wonderful surprise to get here and see all of these beautiful fruits and vegetables. Not having to worry about our children going without food is such a relief. Seeing that they will still be able to eat healthy meals and snacks is even more incredible. Thank you so much for being here to help my family. Knowing the Food Bank will be here while we’re trying to get back on our feet means so much to both of us.

With your support, families like Patrick’s can find relief in knowing they’ll be able to enjoy healthy, filling meals...together. Thank you!
If This Wasn’t Available for Our Community, a Lot of People Would Suffer

My name is Crystal, and I’m a single mom living in the Reno area. I have three beautiful daughters, and I also help take care of my nephew. I work hard to support my family, and I’m thankful that my children’s dad also contributes to help with my household expenses. Still, every day is a struggle for my family, and I often feel like I’m constantly juggling nearly impossible choices trying to make sure our basic needs are met.

Over the years, it’s been pretty common for me to regularly skip meals so that I could be sure there would be enough food for the kids. Now, though, my children are getting older, and they notice when I’m not eating. I know my daughters worry about me when they see this, and I really don’t want to put that kind of grown-up stress on their little shoulders.

That’s why I’m so thankful to have found the Food Bank of Northern Nevada. My family utilizes many of the Food Bank’s programs, including the Kids Cafe Summer Meals program and Mobile Harvest. I also visit some of the Food Bank’s partner food pantries. Having these resources available to us makes it possible for me to put the nutritious meals on the table that we all need in order to stay healthy.

“Basic household bills just keep getting higher - rent, power, water, it’s all going up. And food is the one thing you look at and think ‘I can take the money from there to cover this other bill.’ If you don’t eat, yes, you’re going to have hunger pains, but at least the next day your power is still on.”

Program & Partnership Spotlight

Better Together

We know that we can do so much more when we partner with organizations in the community to better serve families right here in our region. That is why we partner with 145 agencies to help us fight hunger and provide assistance to people who are struggling.

One of those agencies is Catholic Charities of Northern Nevada and the St. Vincent’s Programs. We have been working with Catholic Charities locally for years, and we have recently embarked on a new collaborative effort with a State of Nevada Fund for a Healthy Nevada grant. The Food Bank is helping with the food distribution portion of this grant to get much needed food resources to many rural areas around our state so Catholic Charities can focus on what they do best with case management, resource connections, housing assistance and homelessness prevention, energy assistance, benefit assistance through the Northern Nevada Benefits center, and more.

When we work together with community partners, the better we all are. Thank you so much to Catholic Charities of Northern Nevada for their collaboration and partnership!
Your Support Helps Give Children the Food They Need

Families like Patrick’s and Crystal’s are faced with tough choices every day. Your generous support is what helps them have the peace of mind of knowing that their children will have the nutritious food they need to be successful in school and in life! Child hunger remains a serious issue in our area and actually occurs at a higher rate than across the country.

When children miss meals, the consequences are serious and long lasting. Hungry children can’t learn and that is why we are so grateful to you for your support. Your contributions are making a life changing difference for children in our community, which helps their future, and ours. Thank you!

“Hungry kids can’t think. They can’t learn and grow up into the futures they deserve if they’re not getting the healthy food they need.” -CRYSTAL

Every $1 donated helps us to provide three meals to children and families in the community.

Stay connected to the work you support at these sites and on our website at fbnn.org

Save the Date

September - Hunger Action Month
10/19 - BBB Secure Your ID Shred Event
10/20 - Crop Walk for Hunger
10/24 - Baggin’ for Apples All Ages Volunteer Event presented by Ardagh
11/5 - Holiday Food Drive Kick-Off

For more information about these events, please visit our website at fbnn.org/events.

Yes, Nicole! I want to provide nutritious foods for families in our community.

☐ $250  ☐ $100  ☐ $50  ☐ $25  ☐ Other $ _______

☐ Please sign me up for the Hunger Fighting Champions Monthly giving program.

NAME ____________________________

ADDRESS ____________________________

CITY ____________________________ STATE ZIP ____________________________

MY PHONE NUMBER IS: ( )

Please make your check payable to:
Food Bank of Northern Nevada
550 Italy Drive | McCarran, NV 89434

Please charge my gift on my credit card:
☐ VISA  ☐ MC  ☐ AMEX  ☐ DISC

CARD NUMBER ____________________________ SECURITY # ____________________________

SIGNATURE ____________________________ EXPIRATION DATE ____________________________

May we email you periodically about the Food Bank of Northern Nevada? @

To charge your gift by phone, please call (775) 331-3663.
It’s easy! Give online at fbnn.org

Thank You

We’re grateful to the following organizations for their generous hunger-fighting grants:

- LDS Bishop Storehouse - $50,000 Food Donation
- Federal Emergency Food and Shelter Program (EFSP) - Washoe County $35,115, Lyon County $10,355
- Walmart - $50,000 for SNAP Rural Outreach
- Wells Fargo Charitable Foundation - $30,000
- Bretzlaff Foundation - $25,000 for Child Nutrition and General Food
- The Nell J. Redfield Foundation - $25,000 for Core Food Distribution Program
- Costco - $13,138.68
- Renown - $10,000 for Mobile Harvest
- Reno Senior Citizens Advisory Committee - $10,000 for healthy food to seniors
- Darden Foundation - $3,000

For more information about these events, please visit our website at fbnn.org/events.

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Feeding the hungry today and solving hunger for tomorrow through community partnership.