Seeing my daughter get excited over fresh fruits and vegetables is so wonderful. Thank you for all you do for my family.

-MARISOL

The Food Bank’s Mobile Harvest program is making it possible for Marisol and her family to sit down to nutritious meals together.

Read more of Marisol’s story on page 2.
President’s Report

Al Brislain
President and CEO

A word of gratitude from Al

The weather is warming and while that has many looking forward to fun summer plans, we are working hard on the details for this year’s Kids Cafe Summer Meals program. We know school breaks can mean missed meals for more than 28,000 of our kids in Washoe County. Families tell us that the increased day care costs they face during summer leaves them struggling even more to make ends meet. That’s why the summer Kids Cafe program is so important. All children can eat for free at many parks, rec centers and even libraries five days per week throughout the summer. We are so grateful for your help in getting these kids the nutrition they need to return to school in the fall ready to learn.

Summer also means the height of the growing season, and we’re continuing to focus on getting more fresh, nutritious produce to families in our area. This time of year brings even more opportunity to really maximize those dollars, as we can often get a free truckload of fresh produce by simply raising enough money to transport it here from California. This produce is distributed to clients through many of our 145 partner agencies and through our Mobile Harvest program. Mobile Harvest is a direct service program that delivers perishable foods directly to families in the neighborhoods in which they live. Families tell us that this program has a great impact in their ability to share healthy meals together.

Thank you so much for your support of the Food Bank of Northern Nevada and the families we serve. YOU are the reason we can consistently be there for those who need us.

With gratitude,

Al Brislain, President and CEO

Continued from page 1

Thank you for helping families like mine.

My name is Marisol. My husband and I have two children, a daughter who will be three this summer and our two month old son. Shortly before my son was born, I was laid off from my job. Right now, I’m staying home taking care of our kids while my husband works. Our budget has been especially tight now that we have only one income.

By the time we pay our rent and other household bills, it can feel impossible to find enough for groceries. Sometimes that means my husband and I eat very little so that we can save our groceries to make sure our daughter is getting the meals she needs.

“I know it’s important for me to be eating well since my son is nursing, but I still feel guilty when it means there’s less of the healthy foods for my daughter.”

Visiting the Food Bank’s Mobile Harvest program takes so much of that stress from our shoulders. When I’m able to bring home so many different healthy items and know that means we’ll all be able to have good, nutritious meals for the week, it takes away a lot of our worries. My husband and I both really appreciate that.

With your support, families like Marisol’s can find relief in knowing they’ll be able to enjoy healthy, filling meals...together. Thank you!
For so many of us, our lives truly depend on this.

My name is Cindy, and I have lived in Reno for the past 22 years. I truly love living here, partly because I have been so fortunate to see how caring this community is. I am a senior living on just $885 per month. As you might imagine, living on such a small income can be a challenge. I receive $17 each month in food stamps, and that is the only money I have available to me for grocery shopping. I depend on the Food Bank and the generosity of those who support it to make sure that I’m able to eat.

Each month, I receive a box of non-perishable food items through the Senior Food programs. I also visit the Food Bank’s Mobile Harvest program and some other pantries throughout the month. I especially appreciate the chance to get so many beautiful and fresh fruits and vegetables at Mobile Harvest. I know that getting those nutritious foods is so important for my health, particularly as I get older. If it weren’t for programs like Mobile Harvest, I don’t know how I’d ever manage to get that good stuff in my diet.

Thank you so much for all that you do to make these programs possible. It truly makes such a big difference for me and many of my neighbors.

“Coming to the Food Bank, it doesn’t just nourish my belly. Knowing there are people out there who care about me nourishes my soul.”

Program Spotlight

Nutrition Education

Knowledge is power. That’s why we’ve made Nutrition Education a priority here at the Food Bank of Northern Nevada. We have two educators on staff who are very passionate about sharing information with the families we serve to maximize their food budget and get the most nutritious foods. We offer Smart Shopper classes for low income parents where we provide tips on meal planning, food preparation and what foods pack the most nutritious punch. This multi-week class is great for families working to make the most of their food dollars. Our new series, Seniors Eating Well, helps seniors manage their unique nutrition issues. Our Nutrition Educators can also be found at many of our Mobile Harvest distributions, where they share brief lessons on a wide variety of nutrition-related topics, hand out recipes highlighting ingredients distributed at Mobile Harvest, and even have samples of simple, nutritious dishes. Programs like these have the power to really help to changes lives, and your support makes them possible. Thank you so much for caring so deeply about the families who are struggling in our community.
Your Support Helps Put Healthy Food on the Table

Families in our community continue to struggle with being able to keep up with their bills and provide enough nutritious food for their children. You are making sure that fresh fruits and vegetables are available for moms like Marisol and for her family. They are one of thousands of families who have had to choose between feeding their children and paying their bills. You are the reason that Marisol’s family can sit down together and enjoy a meal of nutritious food. Your support is life changing for families like theirs along with so many others. Thank you so very much for making so many lives better!

Every $1 helps us to provide three meals to families in the community. Your support gives people the healthy food they need and hope for the future!

Stay connected to the work you support at

Thank You

We’re grateful to the following organizations for their generous hunger-fighting grants:

- Walmart Foundation - $80,000 for SNAP Assistance
- Irvin G. Memorial Fund II of the Fargo-Moorhead Area Foundation - $25,000
- Marie Crowley Foundation - $15,000
- Joseph Foundation Trust, Roxie & Azad - $10,000
- West Star Foundation - $5,000

Yes, Al! I want to provide nutritious foods for families in our community.

☐ $250  ☐ $100  ☐ $50  ☐ $25  ☐ Other $ _____

☐ Please sign me up for the Hunger Fighting Champions Monthly giving program.

NAME

ADDRESS

CITY  STATE  ZIP

MY PHONE NUMBER IS: (                           )

Please make your check payable to:
Food Bank of Northern Nevada
550 Italy Drive | McCarran, NV 89434

Please charge my gift on my credit card:
☐ VISA  ☐ MC  ☐ AMEX  ☐ DISC

CARD NUMBER  SECURITY #

SIGNATURE  EXPIRATION DATE

May we email you periodically about the Food Bank of Northern Nevada? @

To charge your gift by phone, please call (775) 331-3663.

It’s easy! Give online at fbnn.org

Your donation is tax-deductible to the full extent of the law. We will send you a receipt for your records.

Feeding the hungry today and solving hunger for tomorrow through community partnership.